

# Holistic Wellness Modalities

Embrace the path of holistic wellness at the Wellness Clinic, where we offer a broad spectrum of innovative therapies designed to harmonize body, mind, and spirit. Each modality is thoughtfully designed to optimize your health, restore balance, and boost your body's inherent healing abilities.

## Hyperbaric Oxygen Therapy (HBOT)

Hyperbaric Chamber treatments are when the body is exposed to an atmosphere of 100% oxygen that's at least 10-15 times the normal supply. This works to safely speed up the body's recovery time by up to 75% after surgery. This includes decreased swelling, bruising and inflammation. It also helps reduce pain after surgery. In Breast Implant Illness clients, it also help repair the underlying damage from the breast implants' toxicity which was causing the BII symptoms.



## FlowPresso

Flowpresso is a non-invasive, unique therapy comprised of compression, far infrared heat, and deep pressure. These happen simultaneously to encourage the body to release toxins, stimulate lymphatic drainage, calm the nervous system, and stimulate circulation

## Joovv Red Light Therapy

Red light therapy promotes the release of ATP from the cell's mitochondria which allows positive effects on the body. It also activates the lymphatic system and fuels DNA/RNA synthesis. This is an important part of the immune system that helps remove toxins from the body. When it increases circulation, it helps bring more oxygen and nutrients to the cells and tissues. It is recommended as soon as 24 hours after surgery.





### **Nano Vi**

The NanoVi device helps to improve the body's natural ability to repair cell damage and free radicals. Post procedure, the Nano Vi device can also help boost the immune system, and improve energy levels.

### **H-Wave**

H-Wave is a multi-functional electrical stimulation device intended to speed recovery, restore function, and manage chronic, acute or post-operative pain.



### **Adipose Cell (Stem Cell Therapy)**

Utilizing your very own harvested, adipose derived cells, Dr. Whitfield is able to enhance your procedure, which promotes tissue regeneration, collagen and elastin production and transforms skin into a truly youthful state.

### **Hormone Replacement Therapy**

Hormone replacement therapy is routinely used to help women with the wide range of symptoms, including but not limited to fatigue, decreased libido, stunted nail and hair growth, and more. Hormone replacement therapy gently and effectively delivers a steady, low dosage, bioidentical hormone to supplement the body's natural decrease in hormones



For additional information on pricing or to schedule one of the services below, please contact our office at 877-785-2832